

After Thanksgiving bike ride on the High Bridge Trail

Friday, November 29th @1:00pm

Need to burn those extra Thanksgiving meal calories? Start out the holiday season on the right foot...burning calories. Join us for this “Black Friday” ride on the wonderful High Bridge Trail. Finish your shopping, head to Farmville, and enjoy a leisurely ride in the cool November air. We will start and end in Farmville.

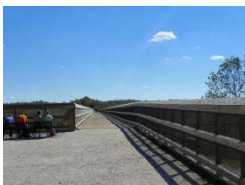


Trail: This is a multi-use trail ideally suited for hiking, bicycling and horseback riding. The trail, once a rail bed, is wide, level and generally flat. Its surface is finely crushed limestone. Its centerpiece is the majestic High Bridge, which is more than 2,400 feet long and 125 feet above the Appomattox River. This final section opened April 6, 2012. The original bridge was built in 1853 as part of the South Side Railroad. The current steel tower bridge was completed in 1914.

Where to meet: Downtown Farmville at the High Bridge Trail Sign at Main Street Plaza. (Charlies Waterfront Grill parking lot) There is plenty of free parking in the municipal parking lot on Main Street next to the trail (near Greenfront).

Allow at least 1 to 1 ½ hours of drive time depending on your starting point.

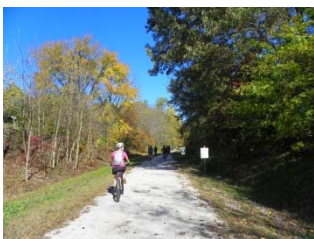
Once on our bikes we will pedal east towards the High Bridge. We will stop at the bridge for a water break and photos and return back to Farmville.



This is an easy, flat, scenic trail suitable for everyone.

Public Restroom facilities are located at various spots along the trail.

The total biking time aprox 2-3 hours at a leisurely pace.



Mileage options: 10 miles to the other side of the bridge and back. Aprox 16 miles to Rice and back.

What to bring: Helmet, Water, and your bike.

Option stop after the ride at either Charlies or the new Third Street Brewery for those interested.

Contact Brenda Bird at brenann0812@gmail.com or 804-437-3609

Bicycle Rentals are available at www.highbridgebikes.com. Reservations suggested. Located at 318 N Main Street in Farmville. 1-434-392-7275.

Great ride for both kids and adults - NO Pets allowed.

Directions: Take Route 360 West towards Amelia. Continue on Rt 360W until you reach Holly Farms Road. Turn right onto Holly Farms Road/VA 307. Follow VA 307 to the end and make a right on Rt 460 West towards Farmville. Merge onto US 460 Bus w/E 3rd street towards Farmville, turn left onto N Main Street/US 15 Bus S to parking lot.